

# 2 Fit Moms<sup>LLC</sup>

*Motherhood Never Looked So Good*



## *About 2 Fit Moms*

2 Fit Moms is dedicated to helping Moms get and stay fit. We know that being a Mom is hard work because we are Moms too. We offer a variety of fitness classes designed specifically for new and expecting Moms.



## *Classes Include*

- Fitness For 2
- Mommy & Me
- New Baby New Body
- Hot Mama Body Workout
- Stroller Boot Camp

## *On-Site Daycare!*

You heard it! Child care is provided during all class times.

## *Free Class*

Try us out for FREE! Just bring in this coupon and enjoy one of our unique classes. Contact us today, space is limited.

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*[www.2fitmoms.org](http://www.2fitmoms.org)*